

WORTHING LEISURE CENTRE : DATE: 23rd - 25th July 2025

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	WEDNESDAY 23rd July	THURSDAY 24th July	FRIDAY 25th July
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB		
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK		
09:45 - 10:45	5-7 YEAR OLDS	DODGEBALL	MULTI SKILLS	ARCHERY
	8-12 YEAR OLDS	FOOTBALL	BALL GAMES	ARCHERY
10:45 - 11:00	ALL	MORNING BREAK		
11:00 - 12:00	5-7 YEAR OLDS	BASKETBALL	FOOTBALL	DODGEBALL
	8-12 YEAR OLDS	BENCHBALL	GYMNASTICS	DODGEBALL
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES		
13:00 - 14:00	5-7 YEAR OLDS	TENNIS	GYMNASTICS	ARTS & CRAFTS
	8-12 YEAR OLDS	MULTI SKILLS	BASKETBALL	ARTS & CRAFTS
14:00 - 14:15	ALL	AFTERNOON BREAK		
14:15 - 15:15	5-7 YEAR OLDS	TAGGING GAMES	BENCHBALL	FOOTBALL
	8-12 YEAR OLDS	TENNIS	HANDBALL	FOOTBALL
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME		
16:00	ALL	DE-REGISTRATION		

*Individual sessions maybe subject to change without prior notice

WORTHING LEISURE CENTRE: DATE: 28th July - 1st August 2025

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	MONDAY 28th July	TUESDAY 29th July	WEDNESDAY 30th July	THURSDAY 31st July	FRIDAY 1st August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	CRICKET	TRAMPOLINE	TRI GOLF	FOOTBALL	HANDBALL
	8-12 YEAR OLDS	BASKETBALL	ARCHERY	TAGGING GAMES	TAG RUGBY	HANDBALL
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	ATHLETICS	TRAMPOLINE	HOCKEY	ATHLETICS	TAGGING GAMES
	8-12 YEAR OLDS	TRI GOLF	BENCHBALL	NETBALL	ARTS & CRAFTS	TAGGING GAMES
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	FOOTBALL	TAGGING GAMES	ARTS & CRAFTS	BASKETBALL	SUMMER SPORTS
	8-12 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	ATHLETICS	ROUNDERS	SUMMER SPORTS
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	TAG RUGBY	ROUNDERS	ARCHERY	TAG RUGBY	GYMNASTICS
	8-12 YEAR OLDS	HOCKEY	TRAMPOLINE	CRICKET	TEAM GAMES	GYMNASTICS
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

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WORTHING LEISURE CENTRE: DATE: 4th - 8th August 2025
MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	MONDAY 4th August	TUESDAY 5th August	WEDNESDAY 6th August	THURSDAY 7th August	FRIDAY 8th August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	ARCHERY	TRAMPOLINE	TAGGING GAMES	DODGEBALL	BENCHBALL
	8-12 YEAR OLDS	CRICKET	HOCKEY	DODGEBALL	ARCHERY	BENCHBALL
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	GYMNASTICS	CRICKET
	8-12 YEAR OLDS	ATHLETICS	FOOTBALL	ROUNDERS	MULTI SKILLS	CRICKET
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	BENCHBALL	ARTS & CRAFTS	NETBALL	ROUNDERS	PARACHUTE GAMES
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	HANDBALL	GYMNASTICS	PARACHUTE GAMES
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	HOCKEY	DODGEBALL	TENNIS	ENDBALL	ATHLETICS
	8-12 YEAR OLDS	ROUNDERS	TRAMPOLINE	CRICKET	HOCKEY	ATHLETICS
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

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WORTHING LEISURE CENTRE: DATE: 11th - 15th August
MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	MONDAY 11th August	TUESDAY 12th August	WEDNESDAY 13th August	THURSDAY 14th August	FRIDAY 15th August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	HOCKEY	TRAMPOLINE	CRICKET	DODGEBALL	BASKETBALL
	8-12 YEAR OLDS	TAGGING GAMES	HOCKEY	FOOTBALL	GYMNASTICS	BASKETBALL
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	FOOTBALL	TRAMPOLINE	BENCHBALL	GYMNASTICS	TEAM CHALLENGES
	8-12 YEAR OLDS	BASKETBALL	ROUNDERS	TAGGING GAMES	FOOTBALL	TEAM CHALLENGES
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	TAG RUGBY	MULTI SKILLS	FOOTBALL	ARTS & CRAFTS	TRI GOLF
	8-12 YEAR OLDS	TENNIS	TRAMPOLINE	DODGEBALL	ARTS & CRAFTS	TRI GOLF
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	CRICKET	DODGEBALL	BALL GAMES	ROUNDERS	MINI WORLD CUP
	8-12 YEAR OLDS	NETBALL	TRAMPOLINE	TAG RUGBY	BENCHBALL	MINI WORLD CUP
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

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WORTHING LEISURE CENTRE: DATE: 18th - 22nd August 2025

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	MONDAY 18th August	TUESDAY 19th August	WEDNESDAY 20th August	THURSDAY 21st August	FRIDAY 22nd August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	HOCKEY	TRAMPOLINE	BENCHBALL	FITNESS / CIRCUITS	ARCHERY
	8-12 YEAR OLDS	ENDBALL	ARCHERY	GYMNASTICS	DODGEBALL	ARCHERY
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	BENCHBALL	TRAMPOLINE	ROUNDERS	ARTS & CRAFTS	MINI OLYMPICS
	8-12 YEAR OLDS	FOOTBALL	TRIGOLF	FOOTBALL	TENNIS	MINI OLYMPICS
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	FOOTBALL	ARCHERY	GYMNASTICS	TENNIS	NETBALL
	8-12 YEAR OLDS	DODGEBALL	TRAMPOLINE	ROUNDERS	FITNESS / CIRCUITS	NETBALL
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	TEAM CHALLENGES	TRI GOLF	FOOTBALL	BASKETBALL	DODGEBALL
	8-12 YEAR OLDS	TEAM CHALLENGES	TRAMPOLINE	BENCHBALL	ARTS & CRAFTS	DODGEBALL
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

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WORTHING LEISURE CENTRE : DATE: 26th - 29th August 2025

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	TUESDAY 26th August	WEDNESDAY 27th August	THURSDAY 28th August	FRIDAY 29th August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB REGISTRATION, ICE BREAKER GAMES & WELCOME TALK			
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK			
09:45 - 10:45	5-7 YEAR OLDS	TRAMPOLINE	FOOTBALL	BASKETBALL	ASSAULT BOUNCY CASTLE
	8-12 YEAR OLDS	FOOTBALL	SUMMER GAMES	FITNESS / CIRCUITS	HOCKEY
10:45 - 11:00	ALL	MORNING BREAK			
11:00 - 12:00	5-7 YEAR OLDS	TRAMPOLINE	MULTI SKILLS	ENDBALL	ASSAULT BOUNCY CASTLE
	8-12 YEAR OLDS	BASKETBALL	PARACHUTE GAMES	DODGEBALL	FOOTBALL
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES			
13:00 - 14:00	5-7 YEAR OLDS	ROUNDERS	DODGEBALL	FITNESS / CIRCUITS	BALL GAMES
	8-12 YEAR OLDS	TRAMPOLINE	FOOTBALL	PARACHUTE GAMES	ASSAULT BOUNCY CASTLE
14:00 - 14:15	ALL	AFTERNOON BREAK			
14:15 - 15:15	5-7 YEAR OLDS	DODGEBALL	PARACHUTE GAMES	SUMMER GAMES	HOCKEY
	8-12 YEAR OLDS	TRAMPOLINE	ROUNDERS	TAGGING GAMES	ASSAULT BOUNCY CASTLE
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME			
16:00	ALL	DE-REGISTRATION			

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