## **WORTHING LEISURE CENTRE: DATE: 27<sup>TH</sup> MAY – 30<sup>TH</sup> MAY 2025**

## MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE



TIME	AGES	TUESDAY 1 PREMIER AP	WEDNESDAY 2 PREMIER AP's	THURSDAY 2 PREMIER AP's	FRIDAY 2 PREMIER AP's
8.30-9AM	ALL	START ACTIVE – EARLY BIRD CLUB REGISTRATION, ICE BREAKER GAMES & WELCOME TALK			
9-9.45AM	ALL				
9.45-10.45AM	5-7 YEAR OLDS	Trampoline	Basketball	Dodgeball	Handball
	8-12 YEAR OLDS	Football	Netball	Football	Handball
10.45-11AM	ALL	MORNING BREAK			
11-12PM	5-7 YEAR OLDS	Trampoline	Tagging Games	Cricket	Multi Skills
	8-12 YEAR OLDS	Parachute Games	Dodgeball	Tagging Games	Multi Skills
12-1PM	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES			
1-2PM	5-7 YEAR OLDS	Multi Skills	Hockey	Football	Dodgeball
	8-12 YEAR OLDS	Trampoline	Basketball	Dodgeball	Dodgeball
2-2.15PM	ALL	AFTERNOON BREAK			
2.15-3.15PM	5-7 YEAR OLDS	Parachute Games	Athletics	Multi-Skills	Football
	8-12 YEAR OLDS	Trampoline	Hockey	Cricket	Football
3.15-4PM	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME			
4PM	ALL	DE-REGISTRATION			