

WORTHING LEISURE CENTRE: DATE: 24<sup>TH</sup> JULY – 26<sup>TH</sup> JULY (WEEK 1)

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE



TIME	AGES	WEDNESDAY 24th July	THURSDAY 25th July	FRIDAY 26th July
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB		
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK		
09:45 - 10:00	5-7 YEAR OLDS	TAGGING GAMES	TRI GOLF	DODGEBALL
	8-12 YEAR OLDS	CRICKET	GYMNASTICS	ATHLETICS
10:45 - 11:0	ALL	MORNING BREAK		
11:00 - 12:00	5-7 YEAR OLDS	ATHLETICS	GYMNASTICS	ATHLETICS
	8-12 YEAR OLDS	HOCKEY	TRI GOLF	DODGEBALL
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES		
13:00 - 14:00	5-7 YEAR OLDS	SUMMER SPORTS	MULTI SKILLS	ARCHERY
	8-12 YEAR OLDS	FOOTBALL	CRICKET	BASKETBALL
14:00 - 14:15	ALL	AFTERNOON BREAK		
14:15 - 15:15	5-7 YEAR OLDS	FOOTBALL	BALL GAMES	MULTI SPORTS
	8-12 YEAR OLDS	SUMMER SPORTS	BENCH BALL	ARCHERY
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME		
16:00	ALL	DE-REGISTRATION		

WORTHING LEISURE CENTRE: DATE: 29<sup>TH</sup> JULY – 2<sup>ND</sup> AUGUST (WEEK 2)

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE



TIME	AGES	MONDAY 29th July	TUESDAY 30th July	WEDNESDAY 31st July	THURSDAY 1st August	FRIDAY 2nd August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	TAGGING GAMES	TRAMPOLINE	FOOTBALL	GYMNASTICS	ULTIMATE FRISBEE
	8-12 YEAR OLDS	CRICKET	BENCH BALL	ATHLETICS	SUMMER SPORTS	NETBALL
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	ATHLETICS	TRAMPOLINE	TRI GOLF	SUMMER SPORTS	NETBALL
	8-12 YEAR OLDS	HOCKEY	ATHLETICS	FOOTBALL	GYMNASTICS	ULTIMATE FRISBEE
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	ARCHERY	ATHLETICS	MULTI SKILLS	SUSTAINABLE ACTIVITIES	MULTI SKILLS
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	SUSTAINABLE ACTIVITIES	TEAM BUILDING
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	FOOTBALL	TEAM CHALLENGE	BALL GAMES	PARACHUTE GAMES	MINI OLYMPICS
	8-12 YEAR OLDS	ARCHERY	TRAMPOLINE	BENCH BALL	DODGEBALL	MINI OLYMPICS
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

WORTHING LEISURE CENTRE DATE: 5<sup>TH</sup> AUGUST – 9<sup>TH</sup> AUGUST (WEEK 3)

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE



TIME	AGES	MONDAY 5th August	TUESDAY 6th August	WEDNESDAY 7th August	THURSDAY 8th August	FRIDAY 9th August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	GYMNASTICS	HOCKEY	BALL GAMES
	8-12 YEAR OLDS	HANDBALL	TRI GOLF	ATHLETICS	CRICKET	VOLLEYBALL
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	SUSTAINABLE ACTIVITIES	TRAMPOLINE	ATHLETICS	CRICKET	DODGEBALL
	8-12 YEAR OLDS	SUSTAINABLE ACTIVITIES	ARCHERY	GYMNASTICS	HOCKEY	TEAM CHALLENGE
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	BALL GAMES	ARCHERY	FOOTBALL	DODGEBALL	MULTI SKILLS
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	FITNESS/CIRCUITS	MULTI SPORTS
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	TAGGING GAMES	TRI GOLF	TEAM CHALLENGE	TAGGING GAMES	PARACHUTE GAMES
	8-12 YEAR OLDS	BASKETBALL	TRAMPOLINE	FOOTBALL	HANDBALL	DODGEBALL
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

**WORTHING LEISURE CENTRE: DATE: 12<sup>TH</sup> AUGUST – 16<sup>TH</sup> AUGUST (WEEK 4)**

**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	MONDAY 12th August	TUESDAY 13th August	WEDNESDAY 14th August	THURSDAY 15th August	FRIDAY 16th August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	FOOTBALL	BALL GAMES	GYMNASTICS
	8-12 YEAR OLDS	FOOTBALL	HANDBALL	CRICKET	ARCHERY	ULTIMATE FRISBEE
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	ARCHERY	ULTIMATE FRISBEE
	8-12 YEAR OLDS	ARCHERY	TRI GOLF	FOOTBALL	FITNESS / CIRCUITS	GYMNASTICS
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	ARCHERY	TRI GOLF	SUSTAINABLE ACTIVITIES	DODGEBALL	PARACHUTE GAMES
	8-12 YEAR OLDS	CRICKET	TRAMPOLINE	SUSTAINABLE ACTIVITIES	ARCHERY	HANDBALL
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	CRICKET	DODGEBALL	MINI OLYMPICS	TAGGING GAMES	COACH VS KIDS
	8-12 YEAR OLDS	HOCKEY	TRAMPOLINE	TEAM CHALLENGE	DODGEBALL	COACH VS KIDS
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

WORTHING LEISURE CENTRE: DATE: 19<sup>TH</sup> AUGUST – 23<sup>RD</sup> AUGUST (WEEK 5)

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE



TIME	AGES	MONDAY 19th August	TUESDAY 20th August	WEDNESDAY 21st August	THURSDAY 22nd August	FRIDAY 23rd August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	BALL GAMES	TAGGING GAMES	MULTI SKILLS
	8-12 YEAR OLDS	TRI GOLF	DODGEBALL	CRICKET	BASKETBALL	BALL GAMES
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	BASKETBALL	DODGEBALL
	8-12 YEAR OLDS	ATHLETICS	FITNESS / CIRCUITS	SUMMER GAMES	TRI GOLF	ATHLETICS
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	TRI GOLF	PARACHUTE GAMES	TRI GOLF	HOCKEY	ATHLETICS
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	FOOTBALL	TAGGING GAMES	ROUNDERS
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	SUMMER SPORTS	BENCH BALL	FOOTBALL	PARACHUTE GAMES	BALL GAMES
	8-12 YEAR OLDS	SUMMER SPORTS	TRAMPOLINE	BALL GAMES	DODGEBALL	FOOTBALL
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

**WORTHING LEISURE CENTRE: DATE: 27<sup>TH</sup> AUGUST – 30<sup>TH</sup> AUGUST (WEEK 6)**

**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	TUESDAY 27th August	WEDNESDAY 2 PREMIER 28th August	THURSDAY 29th August	FRIDAY 30th August
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB			
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK			
09:45 - 10:45	5-7 YEAR OLDS	TRAMPOLINE	BALL GAMES	SUSTAINABLE ACTIVITIES	ASSAULT BOUNCY CASTLE
	8-12 YEAR OLDS	DODGEBALL	NETBALL	SUSTAINABLE ACTIVITIES	BASKETBALL
10:45 - 11:00	ALL	MORNING BREAK			
11:00 - 12:00	5-7 YEAR OLDS	TRAMPOLINE	DODGEBALL	CRICKET	ASSAULT BOUNCY CASTLE
	8-12 YEAR OLDS	FITNESS / CIRCUITS	CRICKET	ARCHERY	TRI GOLF
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES			
13:00 - 14:00	5-7 YEAR OLDS	PARACHUTE GAMES	SUPERHERO GAMES	ARCHERY	HOCKEY
	8-12 YEAR OLDS	TRAMPOLINE	HOCKEY	FOOTBALL	ASSAULT BOUNCY CASTLE
14:00 - 14:15	ALL	AFTERNOON BREAK			
14:15 - 15:15	5-7 YEAR OLDS	BENCH BALL	SUMMER SPORTS	FOOTBALL	PARACHUTE GAMES
	8-12 YEAR OLDS	TRAMPOLINE	SUMMER SPORTS	BALL GAMES	ASSAULT BOUNCY CASTLE
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME			
16:00	ALL	DE-REGISTRATION			