

**WORTHING LEISURE CENTRE: DATE: 24<sup>TH</sup> JULY – 28<sup>TH</sup> JULY (WEEK 1)**  
**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	MONDAY 2 PREMIER APs	TUESDAY 1 PREMIER AP	WEDNESDAY 2 PREMIER APs	THURSDAY 2 PREMIER APs	FRIDAY 2 PREMIER APs
8.30-9AM	ALL	START ACTIVE – EARLY BIRD CLUB				
9-9.45AM	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
9.45-10.45AM	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	GYMNASTICS	TRI GOLF	ULTIMATE FRISBEE
	8-12 YEAR OLDS	CRICKET	BASKETBALL	ATHLETICS	ARCHERY	TEAM CHALLENGE
10.45-11AM	ALL	MORNING BREAK				
11-12PM	5-7 YEAR OLDS	BENCH BALL	TRAMPOLINE	ATHLETICS	ARCHERY	DODGEBALL
	8-12 YEAR OLDS	HOCKEY	ARCHERY	GYMNASTICS	TRI GOLF	ULTIMATE FRISBEE
12-1PM	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
1-2PM	5-7 YEAR OLDS	HOCKEY	ARCHERY	FOOTBALL	DODGEBALL	SUSTAINABLE ACTIVITIES
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	FITNESS/CIRCUITS	SUSTAINABLE ACTIVITIES
2-2.15PM	ALL	AFTERNOON BREAK				
2.15-3.15PM	5-7 YEAR OLDS	TAGGING GAMES	PARACHUTE GAMES	TEAM CHALLENGE	TAGGING GAMES	PARACHUTE GAMES
	8-12 YEAR OLDS	ATHLETICS	TRAMPOLINE	FOOTBALL	HANDBALL	DODGEBALL
3.15-4PM	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
4PM	ALL	DE-REGISTRATION				

**WORTHING LEISURE CENTRE: DATE: 31<sup>ST</sup> JULY – 4<sup>TH</sup> AUGUST (WEEK 2)**  
**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	MONDAY 2 PREMIER APs	TUESDAY 1 PREMIER AP	WEDNESDAY 2 PREMIER APs	THURSDAY 2 PREMIER APs	FRIDAY 2 PREMIER APs
8.30-9AM	ALL	START ACTIVE – EARLY BIRD CLUB				
9-9.45AM	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
9.45-10.45AM	5-7 YEAR OLDS	TAGGING GAMES	TRAMPOLINE	FOOTBALL	GYMNASTICS	ULTIMATE FRISBEE
	8-12 YEAR OLDS	CRICKET	BENCH BALL	ATHLETICS	ARCHERY	NETBALL
10.45-11AM	ALL	MORNING BREAK				
11-12PM	5-7 YEAR OLDS	ATHLETICS	TRAMPOLINE	TRI GOLF	ARCHERY	NETBALL
	8-12 YEAR OLDS	HOCKEY	ATHLETICS	FOOTBALL	GYMNASTICS	ULTIMATE FRISBEE
12-1PM	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
1-2PM	5-7 YEAR OLDS	ARCHERY	ATHLETICS	MULTI SKILLS	SUSTAINABLE ACTIVITIES	MULTI SKILLS
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	SUSTAINABLE ACTIVITIES	TEAM BUILDING
2-2.15PM	ALL	AFTERNOON BREAK				
2.15-3.15PM	5-7 YEAR OLDS	FOOTBALL	TEAM CHALLENGE	BALL GAMES	PARACHUTE GAMES	MINI OLYMPICS
	8-12 YEAR OLDS	ARCHERY	TRAMPOLINE	BENCH BALL	DODGEBALL	MINI OLYMPICS
3.15-4PM	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
4PM	ALL	DE-REGISTRATION				

**WORTHING LEISURE CENTRE DATE: 7<sup>TH</sup> AUGUST – 11<sup>TH</sup> AUGUST (WEEK 3)**  
**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	MONDAY 2 PREMIER APs	TUESDAY 1 PREMIER AP	WEDNESDAY 2 PREMIER APs	THURSDAY 2 PREMIER APs	FRIDAY 2 PREMIER APs
8.30-9AM	ALL	START ACTIVE – EARLY BIRD CLUB				
9-9.45AM	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
9.45-10.45AM	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	GYMNASTICS	HOCKEY	BALL GAMES
	8-12 YEAR OLDS	HANDBALL	TRI GOLF	ATHLETICS	CRICKET	VOLLEYBALL
10.45-11AM	ALL	MORNING BREAK				
11-12PM	5-7 YEAR OLDS	SUSTAINABLE ACTIVITIES	TRAMPOLINE	ATHLETICS	CRICKET	DODGEBALL
	8-12 YEAR OLDS	SUSTAINABLE ACTIVITIES	ARCHERY	GYMNASTICS	HOCKEY	TEAM CHALLENGE
12-1PM	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
1-2PM	5-7 YEAR OLDS	BALL GAMES	ARCHERY	FOOTBALL	DODGEBALL	MULTI SKILLS
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	FITNESS/CIRCUITS	MULTI SPORTS
2-2.15PM	ALL	AFTERNOON BREAK				
2.15-3.15PM	5-7 YEAR OLDS	TAGGING GAMES	TRI GOLF	TEAM CHALLENGE	TAGGING GAMES	PARACHUTE GAMES
	8-12 YEAR OLDS	BASKETBALL	TRAMPOLINE	FOOTBALL	HANDBALL	DODGEBALL
3.15-4PM	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
4PM	ALL	DE-REGISTRATION				

**WORTHING LEISURE CENTRE: DATE: 14<sup>TH</sup> AUGUST – 18<sup>TH</sup> AUGUST (WEEK 4)**  
**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	MONDAY 2 PREMIER APs	TUESDAY 1 PREMIER AP	WEDNESDAY 2 PREMIER APs	THURSDAY 2 PREMIER APs	FRIDAY 2 PREMIER APs
8.30-9AM	ALL	START ACTIVE – EARLY BIRD CLUB				
9-9.45AM	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
9.45-10.45AM	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	FOOTBALL	BALL GAMES	GYMNASTICS
	8-12 YEAR OLDS	FOOTBALL	HANDBALL	CRICKET	ARCHERY	ULIMATE FRISBEE
10.45-11AM	ALL	MORNING BREAK				
11-12PM	5-7 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	ARCHERY	ULTIMATE FRISBEE
	8-12 YEAR OLDS	ARCHERY	TRI GOLF	FOOTBALL	FITNESS / CIRCUITS	GYMNASTICS
12-1PM	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
1-2PM	5-7 YEAR OLDS	ARCHERY	TRI GOLF	SUSTAINABLE ACTIVITIES	DODGEBALL	PARACHUTE GAMES
	8-12 YEAR OLDS	CRICKET	TRAMPOLINE	SUSTAINABLE ACTIVITIES	ARCHERY	HANDBALL
2-2.15PM	ALL	AFTERNOON BREAK				
2.15-3.15PM	5-7 YEAR OLDS	CRICKET	DODGEBALL	MINI OLYMPICS	TAGGING GAMES	COACH VS KIDS
	8-12 YEAR OLDS	HOCKEY	TRAMPOLINE	TEAM CHALLENGE	DODGEBALL	COACH VS KIDS
3.15-4PM	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
4PM	ALL	DE-REGISTRATION				

**WORTHING LEISURE CENTRE: DATE: 21<sup>ST</sup> AUGUST – 25<sup>TH</sup> AUGUST (WEEK 5)**  
**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	MONDAY 2 PREMIER APs	TUESDAY 1 PREMIER AP	WEDNESDAY 2 PREMIER APs	THURSDAY 2 PREMIER APs	FRIDAY 2 PREMIER AP
8.30-9AM	ALL	START ACTIVE – EARLY BIRD CLUB				
9-9.45AM	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
9.45-10.45AM	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	BALL GAMES	TAGGING GAMES	MULTI SKILLS
	8-12 YEAR OLDS	TRI GOLF	DODGEBALL	CRICKET	BASKETBALL	BALL GAMES
10.45-11AM	ALL	MORNING BREAK				
11-12PM	5-7 YEAR OLDS	FOOTBALL	TRAMPOLINE	CRICKET	BASKETBALL	DODGEBALL
	8-12 YEAR OLDS	ATHLETICS	FITNESS / CIRCUITS	ARCHERY	TRI GOLF	ATHLETICS
12-1PM	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
1-2PM	5-7 YEAR OLDS	TRI GOLF	PARACHUTE GAMES	ARCHERY	HOCKEY	ATHLETICS
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	FOOTBALL	TAGGING GAMES	ROUNDERS
2-2.15PM	ALL	AFTERNOON BREAK				
2.15-3.15PM	5-7 YEAR OLDS	SUSTAINABLE ACTIVITIES	BENCH BALL	FOOTBALL	PARACHUTE GAMES	BALL GAMES
	8-12 YEAR OLDS	SUSTAINABLE ACTIVITIES	TRAMPOLINE	BALL GAMES	DODGEBALL	FOOTBALL
3.15-4PM	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
4PM	ALL	DE-REGISTRATION				

**WORTHING LEISURE CENTRE: DATE: 28<sup>TH</sup> AUGUST – 31<sup>ST</sup> AUGUST (WEEK 6)**  
**MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE**



TIME	AGES	MONDAY BANK HOL	TUESDAY 1 PREMIER AP	WEDNESDAY 2 PREMIER APs	THURSDAY 2 PREMIER APs
8.30-9AM	ALL	START ACTIVE – EARLY BIRD CLUB			
9-9.45AM	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK			
9.45-10.45AM	5-7 YEAR OLDS		TRAMPOLINE	SUSTAINABLE ACTIVITIES	ASSAULT BOUNCY CASTLE
	8-12 YEAR OLDS		DODGEBALL	SUSTAINABLE ACTIVITIES	BASKETBALL
10.45-11AM	ALL	MORNING BREAK			
11-12PM	5-7 YEAR OLDS		TRAMPOLINE	CRICKET	ASSAULT BOUNCY CASTLE
	8-12 YEAR OLDS		FITNESS / CIRCUITS	ARCHERY	TRI GOLF
12-1PM	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES			
1-2PM	5-7 YEAR OLDS		PARACHUTE GAMES	ARCHERY	HOCKEY
	8-12 YEAR OLDS		TRAMPOLINE	FOOTBALL	ASSAULT BOUNCY CASTLE
2-2.15PM	ALL	AFTERNOON BREAK			
2.15-3.15PM	5-7 YEAR OLDS		BENCH BALL	FOOTBALL	PARACHUTE GAMES
	8-12 YEAR OLDS		TRAMPOLINE	BALL GAMES	ASSAULT BOUNCY CASTLE
3.15-4PM	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME			
4PM	ALL	DE-REGISTRATION			