

South Downs Leisure

PERSON SPECIFICATION

Authority:	South Downs Leisure Trust
Service Block:	Leisure
Section:	Worthing Leisure Centre
Post Title:	Trampoline Coach
Post Number:	To be confirmed
Accountable to:	Sports Manager
Management responsibility for:	Assistant Trampoline Coaches
Authority to liaise with:	Leisure centre staff and customers
Meetings attended on a regular basis:	Full staff meetings, 1-2-1s & PDRs

Area	Requirements	
Qualifications	Essential	Desirable
	British Gymnastics (BG) Trampolining Level 2 Coach	BG Level 2 Coach
Professional Registration (where applicable)	Registered with BG	
Knowledge & Experience		
(e.g. Technical, Administrative, Managerial – use one or more categories as/where appropriate)	Experience of delivering trampolining sessions.	Knowledge of the proficiency awards and assessing
Skills		
Communication/ relationship	Internal: Strong verbal, written skills. Interpersonal relationship skills to work closely with managers, Duty Officer and coaching assistants. External: Strong communication skills to deal with children, parents and carers in line with corporate objectives and mission statement.	
Analytical/ judgmental	Strong judgement of readiness for participants to move on to next level of progression.	

Planning/ organisational	Ability to structure and programme sessions to meet demand in accordance with available resources.	
IT	Outlook	
Physical	Ability to demonstrate basic trampolining moves	
Abilities		
Physical	Physical capability to spot and support trampolinists is essential	
Mental	Self-motivated, self-disciplined and committed to the values and mission statement of SDLC	
Emotional	Empathetic towards internal and external customer care	
Working conditions	Hours to be confirmed which could include weekends, evenings and bank holidays Able to work flexible hours	



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www.southdownsleisure.co.uk