

Christmas and New Year Timetable

Date	Splashpoint Leisure Centre		Worthing Leisure Centre		Field Place Manor House	Davision Leisure Centre
Monday 23/12/19	Normal Timetable		Normal Timetable		No Classes	No Classes
Christmas Eve: Tuesday 24/12/19	Classes running:	Location	CLOSED		CLOSED	CLOSED
	06:45-07:30 Indoor Cycling	S2				
	07:40-08:25 Aqua	P				
	09:30-10:15 Bodypump	S1				
	09:30-10:15 LBT	S2				
	10:20-11:05 Bodyattack	S1				
Christmas Day: Wednesday 25/12/19	CLOSED		CLOSED		CLOSED	CLOSED
Boxing Day: Thursday 26/12/19	CLOSED		CLOSED		CLOSED	CLOSED
Friday 27/12/19	Classes running:	Location	Classes running:	Location	CLOSED	Centre Open No Classes
	09:15-10:00 Tabata Bootcamp	S1	09:20-10:05 The Trip	S2		
	10:05-10:35 CX WORX	S2	09:20-10:05 Cardio LBT	RA		
	10:05-10:50 Bodycombat	S1	10:25-11:10 Bodypump	RA		
	11:00-11:45 Zumba	S1	10:25-10:55 Stages Flight/Freestyle	S2		
	11:50-12:35 Bodybalance	S1	11:30-12:15 Pilates	RA		
	12:10-12:55 Aqua Aerobics	P				
12:40-13:40 Pilates	S1					
Saturday 28/12/19	Normal Timetable		Normal Timetable		CLOSED	Centre Open - No classes
Sunday 29/12/19	Normal Timetable		Normal Timetable		No Classes	Centre Open - No classes
Monday 30/12/19	Normal Timetable		Normal Timetable		No Classes	Centre Open - No classes
New Years Eve: Tuesday 31/12/19	Classes running:	Location	Classes running:	Location	CLOSED	Open 9am-5pm No Classes
	07:40-08:25 Aqua Aerobics	P	09:20-10:05 Stages Flight/Freestyle	S2		
	09:15-10:00 Spin Circuits	S2	09:20-10:05 Zumba	S1		
	10:05-10:50 Bodypump	S1	09:20-10:05 Bodypump	RA		
	11:00-11:45 Bodycombat	S1	10:25-11:10 Bodyattack	S1		
	11:10-12:10 Pilates	S2	10:25-10:05 The Trip	S2		
	11:50-12:20 CX WORX	S1	10:25-11:10 Cardio LBT	RA		
12:30-13:30 Ashtanga Yoga	S1	10:25-11:25 Pole Fitness	PS			
		11:30-12:20 Bodybalance	S1			
New Years Day: Wednesday 01/01/20	CLOSED		CLOSED		CLOSED	CLOSED
Thursday 02/01/20	Normal Timetable		Normal Timetable		Normal Timetable	Normal Timetable